

SCC Parent Engagement Forum

~ April 28, 2020, 6:00-9:00 ~

A Joint SCC Community Event:

Centennial, George Lee, MacNeill and Plainsview SCC's, are pleased to invite you to a shared community engagement forum for parents.

Please join us at Plainsview School for an evening of incredible information sessions from the following presenters.

Refreshments and snacks to be provided.

Chief Evan Bray

Chief Evan Bray has over 20 years experience with the Regina Police Service, having worked predominantly as a front line uniformed police officer in Regina's Central and North Districts.

Chief Bray was a drill instructor at the Saskatchewan Police College for many years as well as a team member and leader on both the Crowd Control and the Crisis Negotiator teams.

He has been involved in numerous charities through the years and currently is one of the community leaders developing a strategy to end homelessness in Regina.



Trina Markusson

Trina Markusson has been practicing and studying stress reduction for over 18 years. Trina uses her life experiences and professional trainings in Mindful Teaching and Mindful-Based Stress Reduction (MBSR) to help you "be" present for each precious moment and help you to deal with daily stress more effectively!

She has taught Mindfulness strategies to thousands of people and looks forward to sharing these life-changing tools with you! Trina is also a certified EFT (tapping) practitioner.

www.presentmomentliving.ca



For questions and information, please contact your local school SCC by emailing one of the addresses below:

Centennial SCC – ecolecentennial@gmail.com
MacNeill SCC – macneillscc@gmail.com

George Lee SCC – tracy.boe@hotmail.com
Plainsview SCC – info@plainsviewsc.ca